



Stalking Jesus

There is No Restraining Order

Homework Assignment: Reflecting on the Suffering of Jesus

Instructions: Read the provided scriptures and answer the questions below. Take time to reflect and write honestly.

1. Scripture Reflection: Read Isaiah 53:3-5 and write in your own words what Jesus endured for you.

2. Personal Connection: How does knowing Jesus suffered emotionally and physically encourage you in your own struggles?

3. Application Question: What does it mean for you to “deny yourself and take up your cross” in your daily life?

4. Deeper Thought: Hebrews 4:15 reminds us that Jesus understands our weaknesses. Write a prayer or journal entry thanking Him for this truth.
